

Euxton Church of England Primary School PE Policy

1 Aims and objectives

At Euxton CE Primary School, we aim to deliver a high-quality physical education curriculum that inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. We aim to provide opportunities for pupils to become physically confident in a way which supports their health and fitness. We aim to provide opportunities to compete in sport and other activities which build character and help to embed values such as fairness and respect. Using a range of strokes, we want our children to swim competently, confidently and proficiently over a distance of at least 50 metres (double the national standard), and, most importantly, to perform safe self-rescue in different water-based situations; to achieve these goals, we fund weekly swimming lessons across Years 3 and 4.

At Euxton CE School, our aim is for every child to:

- develop competence to excel in a broad range of physical activities
- be physically active for sustained periods of time
- be engaged in competitive sports and activities
- lead healthy, active lives.

2 PE curriculum

Key stage 1

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

Key stage 2

Pupils should continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They should enjoy communicating, collaborating and competing with each other. They should develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Euxton Church of England Primary School PE Policy

Pupils should be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate, such as badminton, basketball, cricket, football, hockey, netball, rounders and tennis, and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance, for example through athletics and gymnastics
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Swimming and water safety

All schools must provide swimming instruction either in key stage 1 or key stage 2. At Euxton CE School, children in Years 3 and 4 are provided with swimming lessons over a 2 year period: Year 4 from Sep to Feb; Year 3 from Mar to Jul.

At Euxton CE School, our pupils are taught to:

- swim competently, confidently and proficiently over a distance of at least 25 metres
- use a range of strokes effectively such as front crawl, backstroke and breaststroke
- perform safe self-rescue in different water-based situations.

Planning

At Euxton CE School, we use Lancashire County Council's updated Scheme of Work 2014 which we amend to best suit the needs and strengths of the each child.

3 Teaching and learning style

Our principal aim is to develop children's knowledge, skills, and understanding in PE. We do this through 2 hours of PE lessons per week that consists of both whole-class and group teaching, as well as opportunities to apply skills independently.

There are children of differing ability in all classes at Euxton CE School. We recognise this fact and provide suitable learning opportunities for all children by matching the challenge of the task to the ability of the child. We achieve this through a range of strategies with regard to the needs of the child.

Euxton Church of England Primary School PE Policy

4 The Foundation Stage

In the Foundation Stage, the curriculum is planned using the EYFS revised curriculum:

- physical development

5 Teaching PE to children with special needs or specific talents

All children at Euxton CE School are entitled to participate in the PE curriculum regardless of ethnicity, gender, religion and special educational need. PE forms part of the school curriculum policy to provide a broad and balanced education to all children. Teachers provide learning opportunities matched to the needs of children with learning difficulties. Work in PE takes into account the targets set for individual children in their Individual Education Plans (IEPs).

For children who show considerable excellence for their age, we develop links with outside clubs in their particular sporting specialism e.g. athletics, tennis, dance.

6 Assessment and recording

We use a variety of teaching and learning styles in PE lessons. Our principal aim is to develop the children's knowledge, skills and understanding and we do this through a mixture of whole class teaching and individual/group activities. Teachers draw attention to good examples of individual performance as models for the other children and we encourage the children to evaluate their own work as well as the work of other children. Within lessons, we give the children the opportunity both to collaborate and to compete with each other, and they have the opportunity to use a wide range of resources.

Teachers assess children's learning in PE as they observe them during lessons. They record the progress made by children against the learning objectives for their lessons. At the end of a unit of work, teachers make a judgement as to whether the child has met, exceeded or is working towards the expectations of each individual unit. These records also enable the teacher to make an annual assessment of progress for each child, as part of the child's annual report to parents. The teacher passes this information on to the next teacher at the end of each year.

Each teacher and the PE subject leader keep electronic samples of children's work using [Earwig](#). This PE timeline enables teachers and the PE subject leader to review progress for individual classes or across classes and to compare one year with another. These records demonstrate a broad range of ability and achievement for each age group in the school.

Euxton Church of England Primary School PE Policy

7 Resources

Children should have access to a range of well organised, clearly identifiable resources to develop the ability to select the appropriate equipment for a task. Teachers will ensure that all resources are available when they are needed.

Everyday indoor PE resources will be stored and available from the PE store cupboard and returned after use.

Outdoor PE resources will be stored in the PE shed.

Children younger than Years 5 and 6 should not use the PE cupboard or PE shed unaccompanied by an adult.

Teachers will notify the PE Subject Leader of damaged resources. Children should be taught to use resources/equipment appropriately and independently. Teachers will use a diverse range of resource material to cater for all the needs of the children.

8 Appropriate dress

We expect children to change for PE into the agreed clothing for each activity area. We expect the teachers to set a good example by wearing appropriate clothing when teaching PE; T-shirts with embroidered school logos have been provided to all members of staff.

Children are expected to wear the following school PE kit in order to ensure safe participation during lessons:

Indoor PE lessons:

- Shorts
- T-shirt
- appropriate trainers and plimsolls / bare feet for gymnastics or dance

Outdoor PE lessons:

- T-shirts or school sweaters (winter)
- Shorts or tracksuit bottoms (winter)
- Appropriate trainers

Should a child not have their PE kit in school, each class has a spare set of shorts and T-shirts, as well as a variety of plimsoll sizes to use. If used, these items will be washed once a half-term by the class teacher.

If a child is physically unable to take part in the PE lesson, children from Years 1 to 6 will still be involved and engaged in the learning of the lesson as he/she must fill-in a 'Non-Participant in PE' worksheet (see appendix) located in a Polly pocket underneath the PE whiteboard in the hall.

Euxton Church of England Primary School PE Policy

Jewellery should not be worn during PE and children are required to remove items such as earrings, necklaces, watches and rings etc. Items such as earrings, which the child may be unable to remove should be covered by surgical tape.

L Price

Date: October 2014

Euxton Church of England Primary School PE Policy
Appendix

'Non-Participant in PE' worksheet Years 1, 2



Name: _____

1. I can't do PE today because...

2. Where did PE take place today? _____ (indoors/outdoors).

3. What did the class do in their warmup?

4. In today's lesson, the class learned how to...

5. The activity was good because...

6. What was your friend good at in today's lesson?

Euxton Church of England Primary School PE Policy

'Non-Participant in PE' worksheet Years 3, 4, 5, 6



Name: _____

During the PE lesson, answer the following questions by observing the activities that happen.

1. The reason I am not taking part in PE today is:
2. Where did PE take place today?
3. Write and/or draw the warm-up activity or activities done during the beginning of the lesson.
4. In today's lesson, we are learning:
5. Does the activity seem easy to learn/play? Explain in your own words why or why not:
6. Pick some children to watch throughout the lesson. Do not write their names down. Describe some of the things they are doing really well.
7. What do you think they need to improve most? How might they achieve this?