Bank Lane, Wigan Road, Euxton, Chorley, Lancashire, PR7 6JW \$\mathbb{\alpha}\$ (01257)263454

Website: www.euxtonceprimary.co.uk e-mail: head@euxton.lancs.sch.uk Headteacher: Mrs Mairi Ash

Friday 10th January 2025

Dear Parents,



Welcome back to school and Happy New Year!

I hope that you and your families had a wonderful festive break.

Well Done!

Well done to a member of Y6 who entered St Catherine's Hospice Calendar competition (which was featured in our school's newsletter last year) and her 'The Tree of Hope' artwork was one of the entries that won. There were over 200 entries and the calendar has sold over 800 copies to help raise funds for the hospice. Well done!



Admissions – Primary Places September 2025

You can now apply via <u>www.lancashire.gov.uk/schools</u> for school places for next September. Supplementary Faith forms are available in the school office for our school. The closing date for primary school applications is **next Wednesday 15**th **January 2025**.

Online Safety

Please see below guidance on returning children back into the school routine.

Y4 and Y5 cricket sessions

Y4 and Y5 will be having weekly cricket sessions on Wednesday afternoons this half term. This specialist coaching is being provided by Lancashire Cricket Foundation via their Chance to Shine programme. All equipment provided. Children need PE kits in school.

Sporting Competitions

Representatives from Y4 and Y5 will be competing in the Bench ball festival on Friday 10th January.

On **Wednesday 22nd January**, a Y3 and Y4 team will be competing in the Dodgeball festival.

On **Thursday 23rd January**, a Y3 and Y4 team will be taking part in the Sports Hall Athletics heat.

All above events take place after school from 4-6pm.

On **Thursday 13th February**, our Y5 and Y6 athletics team will be competing in the finals of the Sports Hall Athletics competition.

We wish all children who represent school in these events the best of luck and know they will do us all proud. Thank you to our staff team and parents for attending these events with the children so that they can take place.

Rainbow Hub January Challenge

Message from Rainbow Hub: For our January Challenge; were we ask individuals to choose a challenge, and work throughout January on reaching the goal and raising funds throughout the month. This year a local teenager ran 5k every day and raised almost £3,000.00. It could be anything from walking, to giving up something for the month. Please see the poster below advertising the event and get in touch with Rainbow Hub if you would like to take part.

EL CLUB ESPAÑOL – message from the club

Hola! Are you planning a holiday to Spain or other Spanish-speaking countries this Summer? Wouldn't it be awesome if your child could speak some of the language there? Learning Spanish is a fun and useful skill and learning at primary school age gives your child the best chance of discovering a love of languages which will serve them throughout their education and life. Our FUN SPANISH Club is restarting for the Spring term and takes place on **Tuesdays**, from 14th Jan for 11 weeks! These clubs take place during lunchtime for 30 minutes and the fees are £4.65 per session payable termly. Children have their lunch first at the beginning of lunchtime and then come to the club.

Membership fee for new members is £13.95 and new children receive a songbook & CD with folder and sticker chart and it includes free access to our internet gamezone and access to all the LCF French & Spanish music via streaming on any device. 10% Discounts for siblings. Monthly direct debits/standing orders/card payment options are available.

The club is almost filled, but you can add your child to the waiting list if full. If you would like to put your child's name down for a **no obligation taster**, you can sign up

at www.boltonlanguages.co.uk/enrol and pay later by skipping the payment until after the taster session. If your child doesn't wish to continue, then you don't need to pay anything. Please contact Chris Abalain if you would like more information on this club, you can email chris@boltonlanguages.co.uk or call 07917 848745.

Clubs Spring Term 2025

Please find below the clubs for this half term – some require an email to Mrs Hodges bursar@euxton.lancs.sch.uk, please do so as soon as possible. Thank you.

	Before School/Lunchtime	Afternoon/After School
Monday	KS2 Mindfulness (Y3-6) with Mrs Smith	Little Learners Y1, Y2 and Y3 with Mrs Delves
	in the Y2 classroom 12.30-1pm	(link sent out to parents) 3.30pm-4.30pm
	starting 13 th January.	(starting13 th January for 5 weeks).
Tuesday	Spanish Club continues to take place	Cross Country KS2 (Y3-6) 3.30-4.15pm with
	at lunchtime – see message below.	Mrs MacDonald. Starts 14 th January – email
		Mrs Hodges to join in. Remember to bring
	Homework Club with Mrs Oral 1-1.30pm in Y5 classroom – just turn up.	change of clothes/footwear and carrier
	1.30pm in 13 classioom – josi iom op.	bag for dirty kit. Please note earlier finish time for this club.
		Time for this clob.
Wednesday	Eco Group with Mr Astle for Y3 and Y4	
	takes place during the morning in	
	school.	
	School Council with Mr Westwell.	
	Infant Lego Club (YR-2) with Ms Lucas	
	12.30-1pm starting 15 th January –	
	email Mrs Hodges to join in – limited places.	
	places.	
Thursday	Tennis with Mr Chatterley at St Mary's	Players Drama School Y1-Y6
	<u>YR-Y6</u> 8am or Y2-Y6 3.30pm (letter	New club starting 9th January for 6 weeks
	sent to parents). Started 9th January	(flyer emailed to parents).
	for 6 weeks.	
	Book Club with Mrs Obertelli in the	
	library for all year groups 12.30-1pm –	
	re-starting 16 th January.	
Friday	KS2 Choir with Mrs Ash and Mrs	
	Tattersall in the hall 8.15-8.45am -	
	same children on the register as last	
	half term – if anyone else would like	
	to join in, please email Mrs Hodges.	
	Starting 24 th January.	

Brass/Woodwind Lessons

If your KS2 child (Y3-6) is interested in having 1-1 lessons with Mr Ogden on Thursday morning during school time to play either saxophone, clarinet, trumpet or baritone, Mr Ogden has 2 spaces available (he is also free during breakfast club if your child attends on Thursdays). Instruments from school can be borrowed and payment is via ParentPay £8 per lesson. Please contact Mrs Hodges if your child is interested and she will put you in touch with Mr Ogden and give more information.

Pre-Loved Uniform

Tom and Laura Critchley have kindly managed the distribution of this for a while now and are looking to pass it over to another volunteer. If you would be interested in storing pre-loved uniform at your home, promoting it via the Facebook page and sending orders into school please contact Mrs Hodges asap. Thank you.

Leyland Barracudas Swimming Club

The club is currently recruiting and are especially looking for boys to join. If your child is interested please see the flyer below for more information. Thank you.

Dates ahead for this half term:

Monday 20th January – Y6 SATs information meeting for parents in the Y6 classroom at 5.30pm. **Monday 20th January** – PTFA meeting at 6pm.

Tuesday 21st & Wednesday 22nd January –Balance Bikes sessions in school for all Reception children with coaches from Chorley Sports Partnership.

Crossing patrol

Please be careful when crossing Wigan Road and especially when coming to school in the mornings and leaving at home time. There is currently no extra support from a crossing guard for school patrol and we have recently had a number of reports of drivers going through the lights when they have turned red. Please be extra vigilant and remind children to follow the Green Cross Code.



Parking on St. Mary's Church car park

Please be mindful of the variety of users trying to access St. Mary's Church car park in the mornings. The church kindly allows both schools to use the space and we would like to continue the arrangement. Please ensure any parking of vehicles does not block or restrict entry/exit points and routes to navigate the car park. Thank you for your support.

Baby News

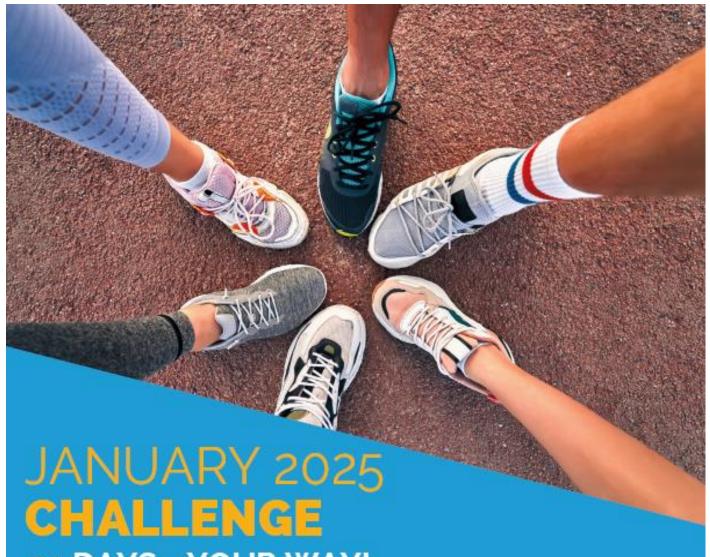
Congratulations to Madison and Oscar who have a new baby sister Brianna, born during the break. Sending our love and very best wishes to Anthony, Nicola and family at this special time.

On behalf of everyone here, thank you so much for the warm wishes, cards and gifts you gave at Christmas. Your support, as always, is so very much appreciated. Please remember to always get in touch should you have any query or concern and we will try to help the best we can. Wishing you all the very best for 2025. Here's to another great year ②.

Best wishes Mrs Mairi Ash Headteacher

In our Christian family, we all **SHINE** in the light of Jesus. Wisdom Compassion Humility Friendship Peace Trust Forgiveness Hope





31 DAYS... YOUR WAY!

Set yourself any challenge this new year, and support Rainbow Hub whilst you smash your goal!

Whether you choose to kick start your new year by completing a daily challenge of a set distance each day, or knit every single day, do 'Couch to 5K' or give up chocolate or alcohol for January, do it to raise money for Rainbow Hub!

For more information and to sign up for free please visit: https://rainbowhub.enthuse.com/cf/january-challenge-2025 And/or scan this QR code:

Kindly Supported by:

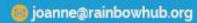






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Rainbow Hub, Salt Pit Lane, Mawdesley, Ormskirk, L40 2QX









10 Top Tips for Parents and Educators

ORTING CHILDRE **URN TO ROUT!**

Most <mark>of u</mark>s l<mark>o</mark>ok forward to the school holidays as an opportunity to slow down and relax, stay up later, sleep in and generally approach life in a more leisurely fashion. However, this does mean that returning to normal school-day routines can feel like an uphill battle. Here are some practical tips to ease that transition, reduce stress and set children up for success.

START SMALL AND EARLY

Begin reintroducing elements of the school routine at least a few days before term starts.
Gradually adjust bedtime, wake-up times and
mealtimes to be more in line with school-day rhythms. Small changes can make a big difference in avoiding last-minute panic helping children to readjust smoothly.

REVISIT THE SCHEDULE

Involve your child in mapping out their daily routine so they understand what's going to change. Visual tools like charts or calendars can help keeping to that schedule feel more engaging. When children understand and anticipate their personal timetable, they feel more secure and in control.

CREATE A SLEEP PLAN

Sleep can present one of the biggest challenges as children can sometimes become night owls prone to staying up late during the holidays. Limit screen time before bed and encourage winding-down activities like reading or listening to calming music. A restful night's sleep improves focus, mood and overall wellbeing, making mornings much smoother.

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ENCOURAGE FRIENDSHIPS

Help your child to reconnect with school friends help your chind to recomber with school ment by organising playdates, catch-ups or arranging to go to after-school clubs. Re-establishing social bonds can make the return to school more exciting and less intimidating, allowing youngsters to focus on the positive aspects of the new term.

GRANT RESPONSIBILITY

Give children control over some aspects of the morning routine. Maybe they could be in charge of waking everyone up, serving breakfast or choosing the radio station that everyone listens to while getting ready. Something that gives them a sense of ownership over their morning schedule can help them view the task as one

Meet Our Expert

Becky Dawson is an education expert with a focus on mental health and wellbeing. Passionate about empowering adults who spend time with and care for young people, Becky specialises in creating practical strategies that promote wellbeing and resilience in children during life's transitions.

FOCUS ON NUTRITION

Make sure children are receiving balanced meals (with regular healthy snacks to boost energy and concentration), putting them in the best possible state to return to education. A nutritious breakfast is particularly crucial for a positive start to the day. Involve children in meal planning to make it enjoyable and collaborative.

COMMUNICATE **OPENLY**

Talk with your child about how they're feeling about returning to school: whether they're excited, anxious or a mix of both. Validating their excited, anxious or a mix or both, validating the emotions helps them feel supported and understood. Try asking them about the things they're looking forward to at school, such as seeing their friends again. Focusing on the positives can be useful for children struggling

RECONNECT WITH LEARNING

Ease children back into a learning mindset by incorporating fun, educational activities into their home life. Reading a favourite book, playing games that involve maths or discussing an interesting topic can gently reawaken their focus and prime their minds to learn, which can have helpful impacts on their academic

9 PREP TOGETHER

Turn preparation into a shared activity, to shoulder the responsibility together and provide support where needed. Pack school bags, lay out uniforms and plan lunch the night before This not only reduces early morning stress but also gives children a sense of ownership over being ready for school.

BE PATIENT AND 10 **FLEXIBLE**

Transitions take time, and every child adjusts differently: so, it's important to stay calm and supportive, especially if they're reacting adversely to the change in their daily life. Be ready to tweak routines as needed, and work with the child to make the return to education as easy as possible for them. Patience can go a long way to setting a positive tone for the new school year.



The National College®

Source: See full reference list on guide page at: https://nationalcollege.com/guides/supporting-children-to-return-to-routine



